

BARKERS TAEKWONDO SCHOOL



**Toot Hill Sports Centre (formally Bingham Leisure Centre)
The Banks, Bingham Notts NG13 8BL**

Tues: 7.15 - 8.15 pm

Thurs: 7.00 - 8.00 pm



**Just come
along and try**

**Whatever your ability – beginner or Black Belt – just come along to
our training sessions or check out our website for more details.**

Website: <https://barkers-taekwondo.uk>

- Learn an Olympic Martial Art
- Build your Confidence
- Self-Defence Training
- Tone your Body & Get Fit

**We are a family friendly club
with active social integration
and open to adults, families &
children from 7 years old**

Your FIRST LESSON is FREE with no obligation!



Grand Master Jonathan Barker 7th Dan

Email: info@barkers-taekwondo.uk

